

HARRINGTON HOWLER

HARRINGTON ELEMENTARY SCHOOL / OCTOBER 20, 2011 / VOLUME 11

EVENTS

10/17-10/28: Canned Food Drive

10/20: Early Release 12:00, Tia Juanita's Family Night

10/21: Parent/Teacher Conferences, Student Holiday

10/22: [Marathon Kids](#)

10/24: Student Holiday - No School

10/24-10/28: Red Ribbon Week

10/25: Box Tops deadline!



10/25: Science Project Planning Meeting, 6-7:30pm

10/26: Art Workshop, Teambuilding

10/27: General Assembly PTA/Fine Arts Night, 6:30; Tia Juanita's Family Night

10/28: Red Ribbon Assembly 9:00am; Spirit Rally 1:30pm

10/29: Clark 5K Run

Huskies

Help your class win
a fun celebration in November
BY
BRINGING IN FOOD ITEMS!

BRING CANS!!

Please donate to the Canned Food Drive, running from Oct. 17th to Oct. 28th.



Science Project Planning Meeting

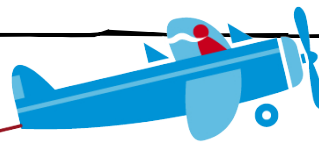
Tuesday, October 25th from 6:00-7:30pm

Parents, come and learn about how to help your Husky with their science project. We will have some National Honor Society students on hand to watch the little children while the parents learn about project do's and don'ts.



FROM THE SCHOOL SECRETARY

Parents, please remember that, when your child is absent, you need to call the Child Safe line (469- 752-1500 option 3) in the morning to report your child's absence. A note is also required within 3 days of their return.



Harrington Huskies will be treated to a Red Ribbon Assembly on Friday, October 28th. The guest presenter is a magician who uses his expertise to send home the message that drugs can be dangerous and to say no to drug use. Parents are welcome to attend and enjoy the performance. THANKS PTA for funding this event.

Red Ribbon Week runs from October 25-28, 2011

We kick off the week by wearing **red**.

Tuesday

Wear Red to show that "We say NO to drugs"

- * The class with the most students wearing **red** wins a prize.
- * Bring in **red** food items for the Food Drive, e.g., Spaghetti sauce, canned tomatoes, fruit juice, etc.

Wednesday

Show Your Smarts

- * We are smart, we use our brains to say "No to Drugs."
- * Bring Brain Food (protein: canned fish, canned nuts, peanut butter, etc.)

Thursday

Friends Stick together to say No to Drugs

- * Dress like a Friend.
- * Bring Foods that stick together, like peanut butter & Jelly, spaghetti, mac and cheese, beans & rice, syrup & pancakes, etc.

Friday

We are healthy, we are drug free

- * Wear workout clothes.
- * Bring healthy hygiene items for the Canned Food Drive (toothbrush, toothpaste, shampoo, soap, etc.)

CDC Says “Take 3” Actions To Fight The Flu

Flu is a serious contagious disease that can lead to hospitalization and even death.

CDC urges you to take the following actions to protect yourself and others from influenza (the flu):



Take time to get a flu vaccine.

- CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses.
- While there are many different flu viruses, the flu vaccine protects against the three viruses that research suggests will be most common.
- The **2011-2012 vaccine** will protect against an influenza A H3N2 virus, an influenza B virus and the H1N1 virus that emerged in 2009 to cause a pandemic.
- Everyone 6 months of age and older should get a flu vaccine as soon as the 2011-2012 vaccines are available.
- Vaccination of high risk persons is especially important to decrease their risk of severe flu illness.
- People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older.
- Vaccination also is important for health care workers, and other people who live with or care for high risk people to keep from spreading flu to high risk people.
- Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for them should be vaccinated instead.



Take everyday preventive actions to stop the spread of germs.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an **alcohol-based hand rub**.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.



Take flu antiviral drugs if your doctor prescribes them.

- If you get the flu, antiviral drugs can treat your illness.
- Antiviral drugs are different from antibiotics. They are prescription medicines (pills, liquid or an inhaled powder) and are not available over-the-counter.
- Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious flu complications.
- It's very important that antiviral drugs be used early (within the first 2 days of symptoms) to treat people who are very sick (such as those who are hospitalized) or people who are sick with flu symptoms and who are at increased risk of severe flu illness, such as pregnant women, young children, people 65 and older and people with certain chronic health conditions.
- Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

Carpenter Middle School PTA is sponsoring a **Garage Sale** Fundraiser

Where: Carpenter Parking Lot

When: Saturday, Nov 5th

Time: 8am to 2pm



Wouldn't you like to make some extra money for the holidays & help Carpenter Middle School at the same time?

We will Organize and Advertise... All You do is Sell!!!

All you have to do is rent a parking space for only \$20 then set up your items. Carpenter receives the \$20 and you get all the money you make from your sale. We will also have limited tables to rent for \$10. We will have a PTA booth where you can donate items to that will be sold and all the proceeds will go to the school. Dropped off Donations will be taken Nov 1st- Nov 4th at school. Pre-priced items would be appreciated. Call for arrangements on big items.

Goodwill will have a truck here by 3pm to collect anything not sold and that you would like to donate.

Reserve your space today.... cledreyes@yahoo.com

Dannielle Reyes 469-767-4993

Remember "One man's trash is another man's treasure."

VOLUNTEER NEEDED

If you are interested in rounding up a few "Fine Art" acts such as classical singers or performers, we are in need of your assistance. Please contact us at president@harringtonpta.net. Thanks as always for all your volunteer effort.

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